

BARBER NATIONAL INSTITUTE NATATORIUM COMMUNITY SWIM SCHEDULE SUMMER SPEED SESSION 2019 – SESSION F

Beginning: Monday July 8, 2019 Ending: Friday, August 2, 2019 Make-up Week: No make-ups		100 Barber Place, Erie, PA 16507-1899 Website: www.barberinstitute.org → For Families → Swimming Pool Phone: (814)878-4071 Email: mkaliszak@barberinstitute.org
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****Learn – To – Swim Classes will be held TWICE a week for 4 weeks****

TIME	MONDAYS and THURSDAYS	TUESDAYS and FRIDAYS	WEDNESDAY	Learn-To-Swim Lessons
9-10:00	BNI Summer Camps	BNI Summer Camps	BNI Summer Camps	To Register For Swim Classes Call: 878-4071 <u>Next Session:</u> Session A August 26-October 18 Registration for Session A: Members August 12, Non-Members August 19.
10:30	BNI Summer Camps	BNI Summer Camps	BNI Summer Camps	
11:00	BNI Summer Camps	BNI Summer Camps	BNI Summer Camps	
12-1	Adult Open Exercise	Adult Open Exercise	Adult Open Exercise	
1-2	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	
2:00	Adult Open Exercise	Private Lesson \$12.00	Adult Open Exercise	
2:30	2:00 – 3:00	Level 2	2:00 – 3:00	
3:00	Preschool Aqua Level 2	Preschool Aqua Level 1	Private Lesson \$12.00	
3:30	Preschool Aqua Level 3	Preschool Advanced	Private Lesson \$12.00	
4:00	Preschool Aqua Level 1	Parent Child Level 1	Private Lesson \$12.00	
4:30	Level 1	Parent Child Level 1 & 2	Private Lesson \$12.00	
5:00	Level 3	Parent Child Level 2	Private Lesson \$12.00	
5:30	Level 2	Preschool Aqua Level 2	Private Lesson \$12.00	
6-7	Mon only AOE / Thurs only Family swim	Tues only Level 4 (1 hr) / Fridays only Family swim	Adult Open Exercise	

6:00 – 7:00 pm Mondays – AOE Tuesdays – Level 4 (1 hour), Wednesdays – AOE Thursdays and Fridays – Family Swim

Students 6 Months to 5 Years:

- Parent/Child Level 1: 6 months to 4 years of age, Parental assist in the water. Introduces basic skills to parents and children.
- Parent/Child Level 2: 1.5 to 4 years of age, Parental assist in the water. Builds on skills introduced in Parent/Child Level 1.
- Preschool Aquatics Level 1: Ages 3, 4, 5. Elementary aquatic skills and safety practices
- Preschool Aquatics Level 2: Ages 3, 4 and 5. Beginning independent aquatic locomotion skills.
- Preschool Aquatics Level 3: Ages 3, 4 and 5. Swimming skills are now performed independently.

Students Ages 6 and Above:

- Level 1: Will learn going under water, blowing bubbles, floating with assistance
- Level 2: To enter, must submerge head completely under. Will learn floating and locomotion skills.
- Level 3: To enter, Must float and motor 15 feet independently. Will learn stroke techniques.
- Level 4: Refining Front crawl, elementary backstroke, side stroke. Learn breaststroke, butterfly, and back crawl.

Passing Level 4 provides the skills to join a swim team

Registration:
Members early sign up begins
June 24, 2019
Non-members Begin
July 1, 2019

Annual Shutdown

The pool will be closed for shutdown from August 3, 2019 to August 25, 2019